

Health Directed Riding, Inc.



“Where Rehab Reins”

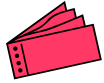
July 2009

As I think on all this riding season holds for our riders, volunteers and families, I realize there are so many pieces that need to fit together in just the right way to not only make it a successful season for our riders but also a fun adventure for them. I am reminded of a puzzle and how every piece is necessary to complete it. So here is my chance to say thank you to our volunteers, riders and families who have arranged their schedules to be a part of our riding season. We have already had a couple of weeks of riding and what a joy it is to see everyone working hard and having such a good time. It is my prayer that this summer would be a time for fellowship with friends both old and new, fun for all and that we would all have the opportunity to appreciate and enjoy the summer that will all too quickly be gone.

“This is the day that the Lord has made,
we will rejoice and be glad in it” Psalms
118:24

Rhonda

The 12th Annual Health Directed Riding Walk/Roll & Ride-A-Thon is scheduled for Saturday, September 12, 2009 at Wild River State Park. No need to have a horse, you can walk or ride bike on the beautiful trails at the state park. You can also use this event as an opportunity to try out geocaching. Wild River State Park is a demo state park this year with GPS units available for your use to help you on your adventure. Registration starts at 9:30 a.m. with departure time at approximately 10:30 – 11:00 a.m. Lunch and door prizes will follow the ride/walk at approximately 1:00 p.m. at the trail center. Registration fee is \$5.00 before September 1st or \$10.00 at the door. Collect pledges for a chance to win extra prizes. Grand prize is a Wii Game System (minimum of \$350.00 in pledges for entry of the Wii). For every \$100.00 in additional pledges, you will have additional chances to win the Wii. For information regarding the Ride-A-Thon contact Rhonda at 612-247-9582 or Wendy at 320-224-6935



Now Available,

Raffle tickets are now available for you to purchase or sell; drawing to be held at the Fall Fest. This year's prizes are an original work of art by Pat, two halves of a hog and an MP3 player. This is a great way to support the program. Drawing to be held October 3, 2009 in the early afternoon.

Training/Clean-up Day

Thank you to all our volunteers who helped with clean-up day and/or attended the training. Without the help of volunteers like you we couldn't have accomplished all we did! Everyone warmed up quickly with the hot beverages and donuts and Pinesong Farm was once again spruced up for the riding season. We are always in need of volunteers to help during the riding sessions. If you or someone you know would like to experience the joy of giving of yourself, please consider volunteering. Contact Pat at 320-396-3506 or Rhonda at 612-247-9582 for more information.

HIGH TECH NEWSLETTER

You will find the latest newsletter by visiting www.healthdirectedriding.org. If you would like to receive your newsletter via email, send your request to:
Health Directed Riding, Inc.
P.O. Box 335
Grandy, MN 55029-0335
You can also visit our website and email your request.



Congratulations to our Graduate, Cory Berglof, who was a past rider of Health Directed Riding.

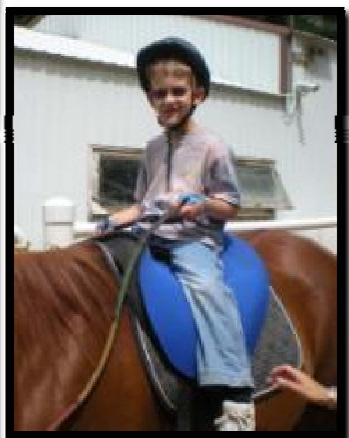
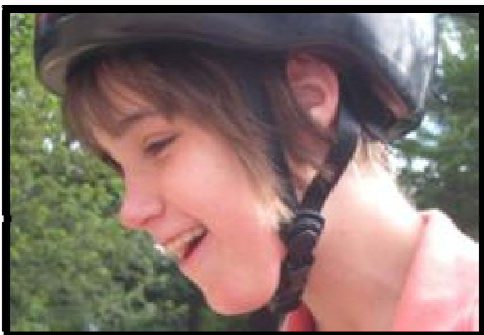
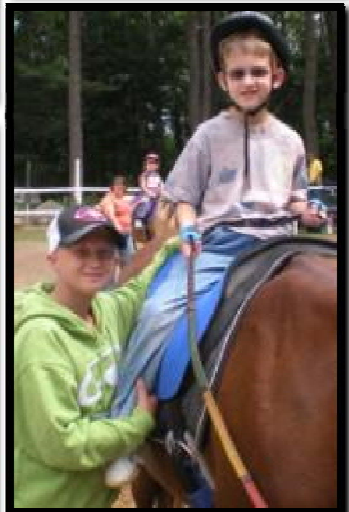
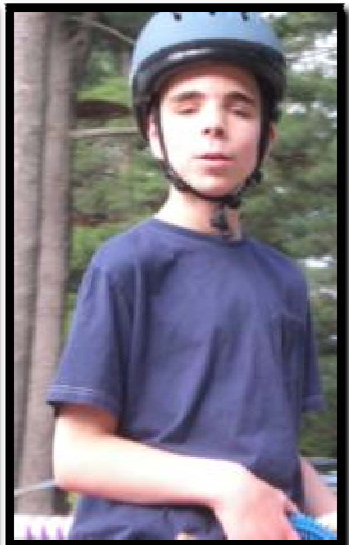
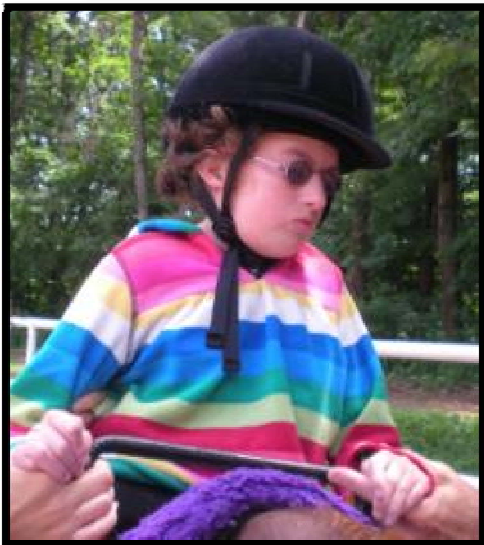
Health Directed Riding Has Merchandise Available:

T-Shirts:

- Youth.....\$10.00
- Adult..... \$15.00
- Sweatshirts..... \$25.00
- Denim Shirts.... \$35.00
- Hoodies..... \$35.00
- Hats.....\$10.00
- Lunch cooler.....\$5.00
- Water bottle.....\$2.50
- Key chains.....\$2.50

All profits from merchandise sold go directly back into the program.

Mark your calendars for Saturday, October 3, 2009 for the Fall Fest at Pinesong Farm. A potluck lunch will start at noon with the raffle drawing following shortly after. The riders will show off their barrel racing skills in the arena in the early afternoon. This is a great opportunity to support our riders, families and volunteers. See you this fall!



Let's Rodeo!



There are two great opportunities this summer/fall to enjoy a rodeo in our local area. See details below.

Isanti Firefighters' PRCA Rodeo, held July 10th & 11th. The PRCA Rodeo Performance begins at 6:30 PM each night including many other fun activities held throughout the day. Watch for us July 10th at Kids' Fun Day 11 AM to 2 PM, stop by and say hi. For more information regarding all the events surrounding the rodeo log onto www.isantichamber.com or contact the Isanti County Chamber of Commerce at 763-444-8515.

Pine City Championship PRCA Rodeo, held September 5th & 6th at Heidelberg's Farm Equipment. The PRCA Rodeo Performance begins at 6:00 PM each night including a dance each night following the performance. For more information regarding the rodeo log onto www.pinecityrodeo.com or contact Heidelberg Farm Equipment at 320-629-1122.



North Country Hillbillys 4th Annual Car & Truck Show

Can't make it to the Ride-A-Thon? Another great activity going on in our local area on Saturday, September 12, 2009 is the North Country Hillbillys Car & Truck Show. The car show is held at the Braham Covenant Church located off Hwy 107 and County Road 4 in Braham and runs from 9:00 AM to 3:00 PM. The car show is held in conjunction with Gospel Fest; live bluegrass and gospel musicians will entertain throughout the afternoon to provide for a relaxing day. Starting at 4:00 PM Braham Fest hosts live Christian rock bands for an evening of high energy and excitement.

Contact Les Orvis at 320-492-4579 for further details and information regarding the car show. www.theNCH.com

Contact Pastor Steve Jennisch at 320-396-2334 for further details and information regarding Braham Fest & Gospel Fest.

Mama Jean's Golf Tournament

Join Jean Jenner on Friday, July 10, 2009 at the Sanbrook Golf Course in Isanti, MN. Tee off is at noon. This is a fundraiser where the profits are split between Health Directed Riding and Freedom Farm, which is also a therapeutic riding program. For further information please contact Jean Jenner at 612-940-4233.

**Health Directed Riding
P.O. Box 335
Grandy, MN 55029-0335**

GIFT OF GIVING

Thank you for your gift of \$_____ to
sponsor a child to ride

NAME_____

IN HONOR OF_____

OCCASION_____

ADDRESS_____

\$800 Donor

Sponsor a rider for the whole year

\$500 Donor

Sponsor a child for the summer or fall

\$250 Donor

Sponsor a rider for the summer

\$100 & under

You have made a significant contribution in
the support of the wonderful therapy at
Health Directed Riding

**Please send contributions to: Health
Directed Riding, Inc., P.O. Box 335,
Grandy, MN 55029-0335**